

GET PROTECTED

AMAKURU YEREKEYE URUKINGO RW'IBICURANE

KUKI NGOMBA GUFATA URUKINGO RW'IBICURANE?

- Ibicurane ni ubwoko bwubukonje buterwa na virusi ya grippe
- Ibicurane byoroshye kkwandura, kandi twibwira ko abantu benshi bazarwara ibicurane uyu mwaka
- Birashobora gutuma abantu bamwe barwara bakaremba
- Urukingo rw'ibicurane rushobora kugufasha mukugukingira no kurinda, abandi kurwara
- Umuntu wese urengeje amezi 6 arashobora kubona urukingo rwibicurane



NABONA NTE URUKINGO RW'IBICURANE?

- Urashobora kubona urukingo rw'ibicurane kwa dogiteri wawe, faromasi, ikigo nderabuzima rusange, cyangwa serivisi yubuzima bwa Aboriginal yawe.
- Serivisi zimwe zirashobora kuza kuguha urukingo murugo, cyangwa niba uba mumacumbi aterwa inkunga.
- Abantu bamwe bagira ingaruka nyinshi ziva ku bicurane , bemerewe gukingirwa ibicurane kubantu
 - Abana bari munsu yimyaka 5
 - Abakuze barengeje imyaka 65
 - Abantu ba First Nations (Abasangwabutaka)
 - Abagore batwite
 - Abantu bafite ibindi bibazo byubuzima nka diyabete

NI RYARI NGOMBA URUKINGO RW'IBICURANE?

- Ugomba kwiteza urukingo rw'ibicurane buri mwaka
- Nibyiza kubona urukingo rwibicurane mbere yimbeho, ariko urashobora kurubona igihe icyo aricyo cyose cyumwaka
- Nibyiza ko waharerwa rimwe urukingo rw'ibicurane urukingo rwa COVID-19

ESE HARI INGARUKA ?

- Abantu bamwe bashobora kumva barwaye nyuma yo kubona urukingo urwo arirwo rwose, ibi byitwa ingaruka
- Ingaruka mbi nyinshi ziroroshye cyane, kandi zimara umunsi 1 cyangwa 2
- Ingaruka zimwe zirimo:
 - Kumva unaniwe cyangwa ubabaye
 - Kubabara ku kuboko aho watwe urukingo
- Ntushobora kwandura grippe mu rukingo rw'ibicurane

Visit the LMPHU website by scanning the QR code



NAKURA HE AMAKURU MENSHI?

- Hamagara Loddon Mallee Public Health Unit: 1800 959 400
- Vugana numuntu wawe ugutera inkunga cyangwa umuganga wawe